

Mental Health: Children's perspectives on the Challenges and Ways Forward

31 January 2022 – 01 February 2022

DAY 1 (Monday, 31 January 2022, 13:45 - 20:00 – Time zone - NPT (Nepal)) Child Protection & Safeguarding Focal Point for Day 1: Sajana Kunwar (NCRC)	
Session 1 – Group 1 (2.30 hours) (Translation: Arabic, Armenian, Nepali, English, Hindi, Italian) Expert participating in the session: <ul style="list-style-type: none"> • Kristen Hope Burchill – <i>Terres des Hommes</i> (United Kingdom) • Januka Sharma - <i>Peer mentor with the #CovidUnder19 movement</i> (Nepal) • Sudarshan - <i>Deputy Director of Terres des Hommes</i> (Nepal) • Chandrakala Sharma – <i>Swatantrata Abhiyan</i> (Nepal) • Hazem Mizyed - <i>UN Development Programme and GC Alumnus</i> (Palestine) • Marthe Wandou – <i>Right Livelihood Laureate 2021</i> (Cameroon) • Kristina Mikhailidi – <i>Child Protection & Participation</i> (Armenia) • Shanooha Mansoor - <i>Head of Centre for Mental Health, UNICEF Global Technical Reference Group</i> (Maldives) TBC • Farah Amjad - <i>Mental Health and Psychosocial Support Coordinator, Centre for Mental Health</i> (Maldives) TBC <p style="text-align: right;">Master of Ceremonies: Reina-Marie Loader</p>	
13:45 – 14:00 (Nepal) 13:30 – 13:45 (India) 10:00 – 10:15 (Lebanon) 12:00 – 12:15 (Armenia) 09:00 – 09:15 (Italy) 08:00 – 08:15 (UK)	Welcome (Video) and Agenda (Jayden and Khitam, supported by Hala Kinawi)
14:00 – 14:25 (Nepal) 13:45 – 14:10 (India) 10:15 – 10:40 (Lebanon) 12:15 – 12:40 (Armenia) 09:15 – 09:40 (Italy) 08:15 – 08:40 (UK)	Lack of educational mechanisms for mental health (25-minute discussion) <u>Part 1: Children discuss their thoughts on the issue</u> Discussion between children from: Lebanon, Armenia, India and Nepal <u>Part 2: Open discussion between the invitees and the children</u> <p style="text-align: right;">Moderator: Kristina – <i>GC Children Leadership Team</i> (supported by Pranjali Kanel)</p> <p style="text-align: right;">Video from UN Secretary-General António Guterres</p>
14:25 – 14:50 (Nepal) 14:10 – 14:35 (India) 10:40 – 11:05 (Lebanon) 12:40 – 13:05 (Armenia) 09:40 – 10:05 (Italy) 08:40 – 09:05 (UK)	Mental health impact of violence against children and teenagers (25-minute discussion) <u>Part 1: Children discuss their own thoughts on the issue</u> Discussion between children from: Lebanon, Armenia, India and Nepal <u>Part 2: Open discussion between the invitees and the children</u> <p style="text-align: right;">Moderator: Lusine – <i>GC Children Leadership Team</i> (supported by Mariam Muradyan)</p>

<p>14:50 – 15:15 (Nepal) 14:35 – 15:00 (India) 11:05 – 11:30 (Lebanon) 13:05 – 13:30 (Armenia) 10:05 – 10:30 (Italy) 09:05 – 09:30 (UK)</p>	<p>Unhealthy Competition and Mental Health (25-minute discussion)</p> <p><i>Part 1: Children discuss their thoughts on the issue</i> Discussion between children from: Lebanon, Armenia, India and Nepal</p> <p><i>Part 2: Open discussion between the invitees and the children</i></p> <p>Moderator: Aman (India) / Naneh (Armenia) – GC Children Leadership Team (supported by Pranjali Kanel & Mariam Muradyan)</p>
<p>15:15 – 15:25 (Nepal) 15:00 – 15:10 (India) 11:30 – 11:40 (Lebanon) 13:30 – 13:40 (Armenia) 10:30 – 10:40 (Italy) 09:30 – 09:40 (UK)</p>	<p>Health Break</p>
<p>15:25 – 15:50 (Nepal) 15:10 – 15:35 (India) 11:40 – 12:05 (Lebanon) 13:40 – 14:05 (Armenia) 10:40 – 11:05 (Italy) 09:40 – 10:05 (UK)</p>	<p>Highlights of the Day (25-minute discussion)</p> <p>Audio testimony of Darshan Audio testimony of Shanti</p> <p>Summary and input from all participants about what they thought stood out as important</p> <p>Moderated: Rejina & Manu Krishan</p>
<p>15:50 – 16:15 (Nepal) 15:35 – 16:00 (India) 12:05 – 12:30 (Lebanon) 14:05 – 14:30 (Armenia) 11:05 – 11:30 (Italy) 10:05 – 10:30 (UK)</p>	<p>Conclusion and Info about Day 2 (Victor Karunan)</p>
<p>Session 2 – Group 2 (2.30 hours) (Translation: Spanish, Portuguese, Nepali, English)</p> <p>Experts contributing to the session:</p> <ul style="list-style-type: none"> • Najat Maalla M'jid – UN Special Representative of the Secretary-General on Violence against Children (Morocco) • Ann Skelton – UN Committee on the Rights of the Child (South Africa) * • Marthe Wandou – Right Livelihood Laureate 2021 (Cameroon) • Kristen Hope Burchill – Terres des Hommes (United Kingdom) • Januka Sharma - Peer mentor with the #CovidUnder19 movement (Nepal) • Sudarshan - Deputy Director of Terres des Hommes (Nepal) • Rosa Izquierdo – Expert to the European Commission and United Nations, GC Alumna, Institutional Strengthening, Human Rights and Psychological Well-being (Spain) ** • Joana Fontoura – UNICEF Adolescent Development and Participation Officer (Brazil) • Hazem Mizyed - UN Development Programme and GC Alumnus (Palestine) <p>Master of Ceremonies: Reina-Marie Loader</p>	
<p>17:45 – 18:00 (Nepal) 09:00 – 09:15 (Chile) 07:00 – 07:15 (Ecuador) 09:00 – 09:15 (Brazil) 13:00 – 13:15 (Italy) 12:00 – 12:15 (UK) 07:00 – 07:15 (New York) 14:00 – 14:15 (South Africa)</p>	<p>Welcome (Video) and Agenda (Shelby, supported by Elvis)</p>
<p>18:00 – 18:25 (Nepal) 09:15 – 09:40 (Chile)</p>	<p>Lack of educational mechanisms for mental health (25-minute discussion)*</p>

<p>07:15 – 07:40 (Ecuador) 09:15 – 09:40 (Brazil) 13:15 – 13:40 (Italy) 12:15 – 12:40 (UK) 07:15 – 07:40 (New York) 14:15 – 14:40 (South Africa)</p>	<p><u>Part 1: Children discuss their thoughts on the issue</u> Discussion between children from: Ecuador, Chile, Brazil, South Africa and Nepal</p> <p><u>Part 2: Open discussion between the invitees and the children</u> Invited by the Children Leadership Team:</p> <p style="text-align: right;">Moderator: Klarrisa (Ecuador) (supported by Andrea Flores Ruilova)</p>
<p>18:25 – 18:50 (Nepal) 09:40 – 10:05 (Chile) 07:40 – 08:05 (Ecuador) 09:40 – 10:05 (Brazil) 13:40 – 14:05 (Italy) 12:40 – 13:05 (UK) 07:40 – 08:05 (New York) 14:40 – 15:05 (South Africa)</p>	<p>Mental health impact of violence against children and teenagers (25-minute discussion)</p> <p><u>Part 1: Children discuss their thoughts on the issue</u> Discussion between children from: Ecuador, Chile, Brazil, South Africa and Nepal</p> <p><u>Part 2: Open discussion between the invitees and the children</u></p> <p style="text-align: right;">Moderator: Pedro (Brazil) (supported by Santiago Plata Garcês)</p>
<p>18:50 – 19:15 (Nepal) 10:05 – 10:30 (Chile) 08:05 – 08:30 (Ecuador) 10:05 – 10:30 (Brazil) 14:05 – 14:30 (Italy) 13:05 – 13:30 (UK) 08:05 – 08:30 (New York) 15:05 – 15:30 (South Africa)</p>	<p>Unhealthy Competition and Mental Health (25-minute discussion)**</p> <p><u>Part 1: Children discuss their thoughts on the issue</u> Discussion between children from: Ecuador, Chile, Brazil, South Africa and Nepal</p> <p><u>Part 2: Open discussion between the invitees and the children</u></p> <p style="text-align: right;">Moderator: Lum (South Africa) (supported by Elvis)</p>
<p>19:15 – 19:25 (Nepal) 10:30 – 10:40 (Chile) 08:30 – 08:40 (Ecuador) 10:30 – 10:40 (Brazil) 14:30 – 14:40 (Italy) 13:30 – 13:40 (UK) 08:30 – 08:40 (New York) 15:30 – 15:40 (South Africa)</p>	<p>Health Break</p>
<p>19:25 – 19:50 (Nepal) 10:40 – 11:05 (Chile) 08:40 – 09:05 (Ecuador) 10:40 – 11:05 (Brazil) 14:40 – 15:05 (Italy) 13:40 – 14:05 (UK) 08:40 – 09:05 (New York) 15:40 – 16:05 (South Africa)</p>	<p>Highlights of the Day (25-minute discussion)</p> <p style="text-align: right;">Audio testimony of Darshan Audio testimony of Shanti</p> <p>Summary by the moderators and input from all participants about what they thought stood out as important</p> <p style="text-align: right;">Moderated: Anthony & Sahory (Chile), (supported by Santiago Plata Garcês)</p>
<p>19:50 – 20:00 (Nepal) 11:05 – 11:15 (Chile) 09:05 – 09:15 (Ecuador) 11:05 – 11:15 (Brazil) 15:05 – 15:15 (Italy) 14:05 – 14:15 (UK) 09:05 – 09:15 (New York) 16:05 – 16:15 (South Africa)</p>	<p>Conclusion and info about Day 2 (Victor Karunan)</p>

DAY 2 on next page

DAY 2

(Tuesday, 01 February 2022, 13:45 - 20:30) Time zone - NPT (Nepal)

Child Protection & Safeguarding Focal Point for Day 2: Sajana Kunwar (NCRC)

Session 1 – Group 1 (2.30 hours)

(Translation: Arabic, Armenian, Nepali, English)

Master of Ceremonies: Reina-Marie Loader

13:45 – 14:00 (Nepal) 13:30 – 13:45 (India) 10:00 – 10:15 (Lebanon) 12:00 – 12:15 (Aremnia) 09:00 – 09:15 (Italy) 08:00 – 08:15 (UK)	Welcome (Mike Hayes)
14:00 – 14:15 (Nepal) 13:45 – 14:00 (India) 10:15 – 10:30 (Lebanon) 12:15 – 12:30 (Aremnia) 09:15 – 09:30 (Italy) 08:15 – 08:30 (UK)	Day 1 Reminder Summary and Agenda (Rejina and Manu Krishan)
14:15 – 14:45 (Nepal) 14:00 – 14:30 (India) 10:30 – 11:00 (Lebanon) 12:30 – 13:00 (Aremnia) 09:30 – 10:00 (Italy) 08:30 – 09:00 (UK)	Regional Specific Breakout Sessions: Children’s Action Points on the three Subtopics (30 minutes) <ul style="list-style-type: none"> • <u>Closed Breakout Sessions 1</u>: Lebanon (only children and Regional Facilitator, Hala Kinawi) • <u>Closed Breakout Session 2</u>: Armenia (only children and Regional Facilitator, Mariam Muradyan) • <u>Closed Breakout Session 3</u>: Nepal (only children and Regional Facilitator, Kunjani Pariyar Pyasi) • <u>Closed Breakout Session 4</u>: India (only children and Regional Facilitator, Anusha Kharel) <p><i>A 40-minute break for adults, please return after the health break</i></p>
14:45 – 15:00 (Nepal) 14:30 – 14:45 (India) 11:00 – 11:15 (Lebanon) 13:00 – 13:15 (Aremnia) 10:00 – 10:15 (Italy) 09:00 – 09:15 (UK)	Health Break
15:00 – 15:35 (Nepal) 14:45 – 15:20 (India) 11:15 – 11:50 (Lebanon) 13:15 – 13:50 (Aremnia) 10:15 – 10:50 (Italy) 09:15 – 09:50 (UK)	Country Representatives Reporting back on their Discussion to the International Plenary (moderated by Reina-Marie Loader)
15:35 – 16:00 (Nepal) 15:20 – 15:45 (India) 11:50 – 12:15 (Lebanon) 13:50 – 14:15 (Aremnia) 10:50 – 11:15 (Italy) 09:50 – 10:15 (UK)	Open discussion between all participants (moderated by Reina-Marie Loader)
16:00 – 16:15 (Nepal) 15:45 – 16:00 (India) 12:15 – 12:30 (Lebanon) 14:15 – 14:30 (Aremnia) 11:15 – 11:30 (Italy)	Conclusions and Next Steps (Manu Krishan and Rejina)

10:15 – 10:30 (UK)	
<p>Session 2 – Group 2 (2.30 hours) (Translation: Spanish, Portuguese, Nepali, English)</p> <p style="text-align: right;">Master of Ceremonies: Reina-Marie Loader</p>	
17:45 – 18:00 (Nepal) 09:00 – 09:15 (Chile) 07:00 – 07:15 (Ecuador) 09:00 – 09:15 (Brazil) 13:00 – 13:15 (Italy) 12:00 – 12:15 (UK) 07:00 – 07:15 (New York) 14:00 – 14:15 (Lebanon) 14:00 – 14:15 (South Africa)	<p>Welcome (Victor Karunan) with Right Livelihood</p>
18:00 – 18:15 (Nepal) 09:15 – 09:30 (Chile) 07:15 – 07:30 (Ecuador) 09:15 – 09:30 (Brazil) 13:15 – 13:30 (Italy) 12:15 – 12:30 (UK) 07:15 – 07:30 (New York) 14:15 – 14:30 (Lebanon) 14:15 – 14:30 (South Africa)	<p>Day 1 Reminder Summary and Agenda (Anthony & Sahory (Chile), supported by Santiago Plata Garcês)</p>
18:15 – 18:45 (Nepal) 09:30 – 10:00 (Chile) 07:30 – 08:00 (Ecuador) 09:30 – 10:00 (Brazil) 13:30 – 14:00 (Italy) 12:30 – 13:00 (UK) 07:30 – 08:00 (New York) 14:30 – 15:00 (Lebanon) 14:30 – 15:00 (South Africa)	<p>Regional Specific Breakout Sessions: Children's Action Points on the three Subtopics (30 minutes)</p> <ul style="list-style-type: none"> • <u>Closed Breakout Group 1</u>: Ecuador & Chile (only children & Regional Facilitators, Andrea Flores Ruilova) • <u>Closed Breakout Group 2</u>: Brazil (only children and Regional Facilitator, Santiago Plata Garcês) • <u>Closed Breakout Group 3</u>: Nepal (only children and Regional Facilitator, Anusha Kharel) • <u>Closed Breakout Group 4</u>: South Africa (only children and Regional Facilitator, Elvis Fokala) <p style="text-align: right;"><i>A 40-minute break for adults, please return after the health break</i></p>
18:45 – 19:00 (Nepal) 10:00 – 10:15 (Chile) 08:00 – 08:15 (Ecuador) 10:00 – 10:15 (Brazil) 14:00 – 14:15 (Italy) 13:00 – 13:15 (UK) 08:00 – 08:15 (New York) 15:00 – 15:15 (Lebanon) 14:30 – 15:00 (South Africa)	<p>Health Break</p>
19:00 – 19:35 (Nepal) 10:15 – 10:50 (Chile) 08:15 – 08:50 (Ecuador) 10:15 – 10:50 (Brazil) 14:15 – 14:50 (Italy) 13:15 – 13:50 (UK) 08:15 – 08:50 (New York) 15:15 – 15:50 (Lebanon) 15:15 – 15:50 (South Africa)	<p>Country Representatives Reporting back on their Discussion to the International Plenary</p>
19:35 – 20:00 (Nepal) 10:50 – 11:15 (Chile)	<p>Open discussion between all participants</p>

<p>08:50 – 09:15 (Ecuador) 10:50 – 11:15 (Brazil) 14:50 – 15:15 (Italy) 13:50 – 14:15 (UK) 08:50 – 09:15 (New York) 15:50 – 16:15 (Lebanon) 15:50 – 16:15 (South Africa)</p>	
<p>19:00 – 20:15 (Nepal) 11:15 – 11:30 (Chile) 09:15 – 09:30 (Ecuador) 11:15 – 11:30 (Brazil) 15:15 – 15:30 (Italy) 14:15 – 14:30 (UK) 09:15 – 09:30 (New York) 16:15 – 16:30 (Lebanon) 16:15 – 16:30 (South Africa)</p>	<p>Session Conclusion (Shelby & Lum, supported by Elvis Fokala)</p>
<p>20:15 – 20:30 (Nepal) 11:30 – 11:45 (Chile) 09:30 – 09:45 (Ecuador) 11:30 – 11:45 (Brazil) 15:30 – 15:45 (Italy) 14:30 – 14:45 (UK) 09:30 – 09:45 (New York) 16:30 – 16:45 (Lebanon) 16:30 – 16:45 (South Africa)</p>	<p>Conference Conclusion (with Manfred Nowak, Veronica Gomez, Milan Dharel, Ravi Prakash Vyas)</p>